

Warhorse/Colt Summer Workouts 2023

Incoming 7th-12th Graders

For the weeks of June 5th-8th; 12th-15th; 19th-22nd; 26th-29th

9:00 am - 10:30 am	Boys strength and conditioning
10:30 am - 11:30 am	Football
11:45 am - 12:30 pm	Boys Basketball and Baseball

*****For the week of July 10th-13th workouts will begin at 1pm because we have Warhorse Football camp for kids in the morning*****

This is the schedule for July 10-13

1:00 pm - 2:30 pm	Boys strength and conditioning
2:30 pm - 3:30 pm	Football
3:45 pm - 4:45 pm	Boys Basketball and Baseball

For the half weeks of July 19th-20th and July 24th-25th the schedule returns to the previous schedule

9:00 am - 10:30 am	Boys strength and conditioning
10:30 am - 11:30 am	Football
11:45 am - 12:30 pm	Boys Basketball and Baseball

This is open to students enrolled at Devine ISD who are planning to be in athletics for the 2023-2024 school year.

Students are encouraged to bring their own water for workouts.